

Welcome to Otterburn

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Medical

Chemist/Pharmacy

Gairloch Pharmacy, The Old Bakery, Strath, Gairloch, IV212BT Tel: 01445 712840
Monday – Friday 09:00 – 17:30
Saturday 09:00 – 13:00

Defibrillators

****Your local defibrillator is at Oran Mara, 27 Melvaig, Melvaig, IV212EA on the outside of the cottage**

Aultbea	Fire Station, Aultbea, IV22 2HZ
Badachro	Honeysuckle Cottage, Badachro, IV212AA
Gairloch	Leisure Centre, Achtercairn, Gairloch, IV212BP
Gairloch	Community Hall, Achtercairn, Gairloch, IV212BP
Inverasdale	Inverasdale School, IV22 2LR
Kinlochewe	Kinlochewe Hotel, Iv22 2PA
Laide	Post Office, Laide, IV22 2NB
Melvaig	Oran Mara, 27 Melvaig, IV212EA
Opinan	11 Opinan, (Gairloch Overside), IV212AT
Poolewe	Community Hall, Poolewe, IV22 2JU
South Erradale	Glendale House, 20 South Erradale, IV212 AU

Dentist

Gairloch Dental Practice, Strath Bay House, Gairloch, IV212BP Tel:01445 712240

Doctor

Aultbea and Gairloch Medical practice

The Health Centre, Achtercairn, **Gairloch**, IV212BP Tel: 01445 712229
Monday to Friday (times vary)

www.otterburn-melvaig.com

otterburnselfcatering@gmail.com

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Aultbea and Gairloch Medical practice

The Surgery, Birchburn, **Aultbea**, IV222HU Tel: 01445 731221
Monday to Friday (times vary)
In an Emergency call 999

Physiotherapy Clinic (appointment only)

Birgit Joost, 23 South Erradale, Gairloch, IV212AU Tel: 01445 741783
Email: joostb@btinternet.com

Podiatry Sandra M Chisholm Tel: 07747 303460

Shopping

Butcher, Kenneth Morrison (Gairloch) 01445 712485. morrisonbutchers@aol.com

Button Bothy, Poolewe. <http://www.buttonbothy.co.uk/>

Cornerstone, Strath, Gairloch, Wester Ross, IV212BZ Tel: 01445 712400

Email: cornerstone400@btinternet.com

Newsagents and Gift shop, jewellery, toys, games, puzzles, stationery, gift-wrap, etc.
Monday – Saturday 09:00 – 17:00

Farm & Garden Store, Barrid Phorasdill, Gairloch, Highland IV21 2BH, Tel: 01445 712083

Vast selection of items for pets, much more than just food.
Monday to Saturday- 09:00 – 17:00

Latitude 57, Badachro, Gairloch, IV212aa Tel: 07818616488

Local art, crafts and nautical gifts

McColl's Wildcat Store, Achtercairn, Gairloch, IV212BH Tel: 01445 712242

Cashpoint, post office, national lottery, magazines, e-top up, groceries, pet food, cigarettes, wines, spirits, books, confectionery etc.

Monday to Sunday – times vary. Often in summer season long opening hours 07:00 – 22:00

McColl's Strath Store, Strath, Gairloch, IV212BZ Tel: 01445 712307

Groceries, pet food, wines, spirits, cigarettes, newspapers, national lottery, e-top up
Monday – Saturday (closed Sunday) – 08:00 – 18:00

Oran Na Mara Café and Shop. Aultbea. Tel 01445 731 394

Post Office's: McColl's Wildcat Store, Shop at the Pier

The Shop at the Pier, Pier Road, Gairloch, Tel: 01445 712700

Local convenience store offering a wide range of products from freshly made bread, household goods, newspapers, coal, logs, pet food, post office, ATM Cashpoint
Monday – Saturday 09:00 – 17:30

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otterburnselfcatering@gmail.com

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Sunday 10:00 – 17:30

Treasure Chest, Gairloch Harbour Tel: 01445 712500
Gifts, cards, books

ATM and Banks

Bank of Scotland, Braebank, Gairloch, IV212BE Tel: 01445 252002
ATM on wall outside bank. No foreign exchange facilities.
Monday, Tuesday, Thursday, Friday – 10:00 – 15:00

McCull's Wildcat Store, Achtercairn, Gairloch, IV212BH
ATM inside the store

The Shop at the Pier, Pier Road, Gairloch, Tel: 01445 712700
ATM inside the store

Churches & Worship

Church of Scotland Sunday Services

10:30Gairloch

12:15Badcaul

17:00Aultbea

Contact - Stuart Smith 01445 712645

Gairloch, Kinlochewe and Torridon Free Church

11:00Gairloch

14:30Kinlochewe (2nd & 4th Sunday, Torridon (3rd & 5th Sunday)

17:00Gairloch

Contact – Ian Grant 014445 712465

Poolewe & Aultbea Free Church of Scotland

11:00Aultbea

16:00Poolewe Sunday Club

17:00 Poolewe

Contact - Dan Paterson 01445 731345

Catholic Church, Gairloch

Contact: 01463 782232 stmarysbeauly@btinternet.com

The Scottish Episcopal Church

Saint Maelrubha's Chruch, Poolewe

Contact: Rev. Heather Widows 01445 712176

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Welcome to Otterburn

Eating Out

Coast Coffee, Harbour Centre, Pier Road, Gairloch, IV212BQ (café, breakfast, lunch)
Tel:01445 712437

Gairloch Gold Club, The Links Eatery, Gairloch IV212BD (café and meals) Tel: 01445 712407

Spiral Café & Bistro, Clifton, Strath, Gairloch, IV212BZ (café and evening meals)
Tel:01445 712397

The Badachro Inn, Badachro, Gairloch, Badenoch IV21 2AA (bar lunches and informal evening meals) Tel: 01445 741255

The Barn Café, The Sands Campsite, Big Sands, near Gairloch, IV21 2DL Tel: 01445 712688

The Bridge Cottage Café and Gallery, Bridge Street, Poolewe, IV222JU (café) Tel: 01445 781 335

The Mountain Coffee Company, Gairloch, IV212BX (café and bookstore) Tel: 01445 712316

The Millcroft, Strath, Gairloch, IV212BT (restaurant and bar) Tel: 01445 712376

The Myrtle Bank, Low Road, Gairloch, Wester Ross, Scotland IV21 2BS (restaurant and bar) Tel: 01445 712004

The Old Inn, Flowerdale Glen, Gairloch IV21 2BD (lunch, evening meals, bar) Tel: 01445 712006

The Perfume Studio, AROMA Café and Gallery, Mellon Charles, Loch Ewe. (café) IV222JL Tel: 01445 731618

The Shieling, Gairloch, IV212BH (restaurant, café, bar) Tel: 01445 712888

The Steading, Gairloch (Family run bistro) Tel: 01445 712382

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Petrol Stations in the Area

Gairloch Service Station Tel: 01445 712415
Kinlochewe Service Station Tel:(01445 760227)
Laide Post office and filling station Tel: 01445 731 252

Garages in the Area

Alex Forbes & Sons The Garage, Achnasheen IV22 2JA Tel:01445 731200
Lochewe Garage at Poolewe, IV22 2JU Contact Jimmy Tel: 01445 781 239
MacKenzie & MacIennan, The Garage, Gairloch IV21 2BH Tel: 01445 712255

Tourist Information

The GALE Centre, Achtercairn, Gairloch, Wester Ross, IV21 2BH
01445 712071
GALE Enquiries e-mail - enquiries@galeactionforum.co.uk
GALE Team office e-mail - galecentre@galeteam.co.uk
<http://www.galeactionforum.co.uk>

Discover Wester Ross <https://discover-wester-ross.com>
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